

## FASTING AND PRAYER

Being born again declares that Christ made available a place in Him to all who believes and steps into moving and having their being in Christ. This stance means more than what we hear all the time among churchgoers. Some say "I am saved and on my way to heaven. I don't have to do anything or obey anyone I don't want to, it's between me and my God, He knows my heart." I see more sin arising in the lives of saved people as a result of the compromised message preached in the Church today. This user-friendly gospel is watered down to accommodate the lifestyle of a sin nature creature trying to redefine the Word of God to lower standards. This agenda is different and is another spirit; it seems like some kind of unrighteous counterfeit parading its entertainment and political correctness as they pass and go. This is not the nature of the born again believer. Moreover, it seems like God has drawn a line right through the Church separating those that are truly seeking His face and those that are encouraging the performance of this harlot. Moreover, we are seeing various expressions of her being accepted, from the money issue and its degrees of covetousness to blatantly ordaining and marrying homosexuals as if approved by God, but not so. In fact, His Word says differently:

And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

Romans 8:10 KJV

So, there is a position that is assigned to the body of flesh we live in, if Christ is in us our body is dead and our born again spirit is life. The body has a position of truthfully being dead, powerless as compared to the spirit, yet this position needs to be enforced.

Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin. For he that is dead is freed from sin. Romans 6:6-7 KJV

What we see rising in the body of believers is the old adamic nature battling the true nature of Christ. Although the position of the flesh has already been declared dead, yet many are ignorant of enforcing and maintain the standing freely given through the born again nature, so they walk in defeat to the power of the flesh. But the law of the spirit of life in Christ has set us free from sin.

For the good that I would I do not...it is no more I that do it, but sin that dwelleth in me. **Romans 7:19-20 KJV**

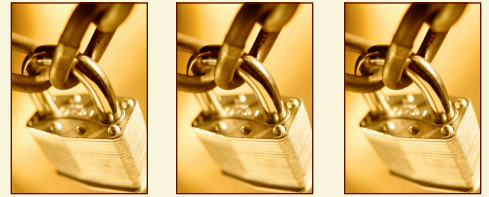
Romans Chapter 7:5 exposes a kind of lawlessness as the ***motions of sins which were by the law, did work in our members to bring forth fruit unto death.*** It is found in the flesh. We can, on our eradicate the problem and bring correction by prayer and fasting. Our goal is to bring the flesh under the control of (the law of) the human born again spirit and that it remains subject to the truth as declared in the Word.

Why could not we cast him out? And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. Howbeit this kind goeth not out but by prayer and fasting. **Matthew 17:19-21 KJV**

Jesus said, nothing shall be impossible, but *unbelief* keeps us from that seeing the impossible become possible. This is the kind of unbelief that many don't even know exist is working in us, (be it in the form of pride, doubt, complacency, or whatever else,) until God points us towards our lack of results. Unbelief must be dealt with, and Jesus said it goes when we fast and pray. Fasting enforces the positional truth of death in the area of the flesh. A dead man has no complaints. The power of the flesh falls off when we fast and pray, releasing the spirit to soar to new heights above the operations of the flesh. Now fasting and prayer will align our spirit with the Spirit of God to receive from God all we need to fulfill His purpose in the earth. Fasting and prayer brings us to a place in the spirit is where faith, healing, peace, deliverance, miracles... are found and answers to prayer comes quickly.

## MEDITATION

Meditation is reading the Word of God in its context many times over and over again until an image of the text is formed within giving understanding and revelation.

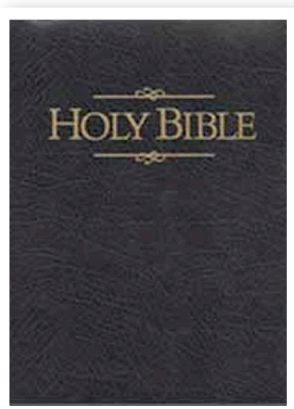


### **The conflict is in the voice of the flesh:**

*For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. If then I do that which I would not, I consent unto the law that it is good. Now then it is no more I that do it, but sin that dwelleth in me. For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil which I would not, that I do **Rom. 7:15-19 KJV***

This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night...

Joshua 1:8 KJV



The Bible says the Word shall not leave our mouth as we meditate it by reading it over and over again. So we take a small book of the Bible, like the Book of James, I John, Ephesians or even Galatians and read it some fifty to one hundred times aloud to you. With each reading of the Word, the Holy Spirit paints an image that is hidden in the book with diligent strokes of His paintbrush until the image within the book is made clearer to us. Like this the Holy Spirit is able to work with that deposited on the Word to actually bring us forth as living epistles written in our hearts, known and read of men.

The Word of God is like a mirror, anyone looking in will find out what sort of man they are, because it is the only standard whereby we see what God sees. It is the Light and shines in every area wherever applied. The doers of the work are blessed like this; they receive the Light and walk in it as a guide bringing revelation for their work.

For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed. James 1:23-25 KJV

## CONFESSION

Confession is a formal statement admitting that one is guilty of sin with repentance, but also a statement setting out essential religious doctrine, such as a confession of faith. Since faith comes by hearing the Word of God, we select the proper scriptures for every situation that challenges our lives, and set out against them with the principles of the Word. Many times life deals out difficulties that must be corrected. For example, one couple may have a great marriage, but their children are on drugs, for another the wife and the children are all serving the Lord, but yet the husband is battling some disease in his body. These situations are opportunities to select the proper scriptures on healing and apply the principles of the Word of God in faith regarding healing, to change the situation according to what the Word says it should be.

For example, we may apply the scripture *'That he might sanctify and cleanse it with the washing of water by the word, That he might present it to himself a glorious church (marriage, family, children), not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.'* Eph. 5:26-27. We confess the Word until the family is a glorious, holy and without blemish before the Lord.

Sanctify them through thy truth: thy word is truth. John 17:17 KJV

It is the Word that brings the change. First, the confession is heard on the outside of our being, but it

is not until it is internalized and takes root in us, that an image is formed. This brings about a change in us, releasing a powerful voice of faith to speak against the mountains that need to be removed. Eventually, the mountains begin to move conforming to the confessions of the Word. So we have what we say, as *death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.* Proverbs 18:21 KJV

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. Romans 12:2 KJV

I remember some years ago, I applied for a life insurance policy for myself, but was rejected by the insurance company due to the medical results, which were a fact but not the truth. So I acted on the fact that the test results was only a *temporary* situation, and my faith in that the Word of God is *not* a fact, because the facts always change from day to day, but the Word is the same forever. So I confessed healing scriptures for several weeks for my body. I took all the scriptures I could find on healing and applied them for my healing until my mind was at peace in believing that there was nothing abnormal in my body. Later, I reapplied for the same policy and was accepted by the same company, because the test results were all normal now. My body had conformed to the healing power in the scriptures I had been confessing and my healing came by the Word of God! It sanctified and cleansed the problem with the washing of water by the Word delivering a wholesome result, in Jesus' Name.

Therefore, if there is any situation challenging us in the area of a healing, miracle. or finances, we take all scriptures relating to them and confess out the truth of the Word until this truth is form in us and our mind is renew to the image of the Word in us. Then we look forward to the mountain moving power of the Word delivering a wholesome result according to the Word spoken.

Beloved, this is our personal ministry to our own souls. We wish above all things that we be not weary in well doing for in due season we will reap the fruit of the Word.

## PRAYING IN TONGUES

This is the foundation upon which God sets doctrine, prophecy, intercession, revelation and correction in His Church. This qualifies us to operate in the capacity of the office we are called to. This heavenly language empowers us to work the works of God by the leadership of the Holy Spirit against the forces of darkness. Praying in tongues develops character, which is of utmost importance, God requires holiness, because His power operating through unholy character will eventually destroy the vessel through which the power flows, because we can not put new wine n old wineskins.

For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries. 1 Corinthians 14:2 KJV

You see, we know in part, but the knowledge of the Holy Spirit is unlimited. He knows the plan of God for our lives, because He was there from the foundations of the world. He knows how to pray for us according to the perfect will of God that guarantees our victory over all the works of the enemy.

I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come. He shall glorify me: for he shall receive of mine, and shall show it unto you. All things that the Father hath are mine: therefore said I, that he shall take of mine, and shall show it unto you. **John 16:7-15 KJV**

So the Spirit of Truth came with a heavenly prayer language, as supernatural as any move of God, to reveal to us divine secrets and mysteries from God to our born again spirit, guaranteeing a walk of power and victory in all that we turn to. If we continue to pray in tongues, He will deliver us from deception, seduction and build us up above the weakness of the flesh, destroying its power and control over our lives, exposing the problems for what they really are. Praying in tongues brings revelation to our born again spirit as He searches and brings light to what causes us to oppose ourselves and making available the grace for us to trade our weak standing for His strength to overcome all the enemy could throw against us.

## PRIVATE WORSHIP

Private Worship is one of the most powerful keys of intercession. It is diligently seeking the face of God, giving Him all - body, mind, will, intellect, emotions, and our spirit. All of our faculties constantly, saying the one same thing to God in worship. With the heart, man is made righteous before God and with the mouth confession sets the course for our deliverance or breakthrough from all hindrances. So as long as our heart believes and our mouth is saying what the heart believes with all members (body, mind, will, intellect, emotions and our spirit) in concert with great faith, giving our best to God in pure worship in spirit and in truth. In spirit, because our spirit is ministering to God, by telling Him of our love for Him, blessing Him with our presence and seeking His face just because we want to be in His presence; and in truth because all of our members are saying the same words of love, adoration, worship, praise and intercession, never letting our mind or will wander off to solve a problem. Private worship is standing before Him in holy reverence, yet resting in His graceful presence, all of us in all of Him, giving of ourselves to Him from the Holy of Holies of our own sanctuary.

Ye worship ye know not what: we know what we worship: for salvation is of the Jews. But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. God is a Spirit: and they that worship him must worship him in spirit and in truth.

### John 4:22-24 KJV

Jesus tried to explain to the Samaritan woman that the time is at hand when we don't need to be at a specific geographical location to worship God, out of our new nature we can lift up our hands anywhere we are and pour out of our spirit, our love for the Father in spirit and in truth anytime we feel like loving on Him. We know the Father is humble towards His children in that He is looking forward to receiving this kind of worship from us.

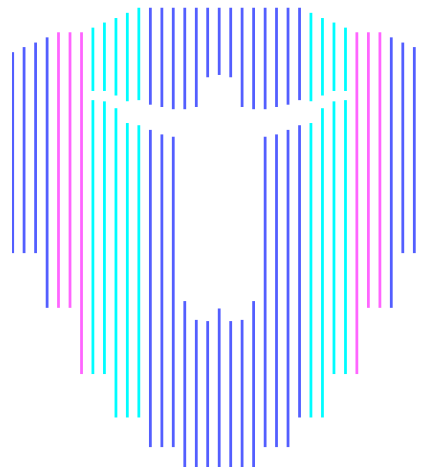
Dave Roberson puts it best by saying, *"God is saying, 'I can not worship Me, in you, for you.' You have to worship God in you for yourself."*

Redeeming the time, because the days are evil. Wherefore be ye not unwise, but understanding what the will of the Lord is. And be not drunk with wine, wherein is excess; but be filled with the Spirit; Speaking to your-

selves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

Ephesian 5:16-20 KJV

Apostle Paul knew that many would try to escape the trials and temptations life brings by burying themselves in wine or some other excess like drugs, so he showed us a much better way. He encouraged us not to waste any time with the *evils of the day*, being unwise or foolish, but know what is the plan of God. It is God's will we are free and no longer burdened by the cares or deceits of the world. So, filling ourselves with worship, the wine of the Spirit, speaking in psalms, hymns and making music and singing in our hearts to the Lord a new song, loving Him and always thanking Him for the victory in the Name of Jesus, even before we see the breakthrough, this will produce the answer to prayer. God is seeking this kind of worship; God Almighty Himself will come to embrace us and change the situation to that best suited for us. Just give Him your love; all of you for all of Him just because He is worthy of all we are to Him. So keep yourself suspended before Him in private worship until you receive the loving heart of the Father touching your life and making a permanent change in you.



These five keys of intercessions will produce powerful results in all areas of our lives, producing the change we need to be free indeed, living victoriously in answering the call on our lives and walking in the peace of the Lord.